

Institute of Science, Poona's
Swami Vivekanand College of Education
Wakad, Pune-57

Date: 10/08/2018

Report of Workshop

Institute of Science Poona's, Swami Vivekanand College of Education, Wakad had organized a one day workshop on "Removing the Mind blocks to attain Success" on 10th Aug. 2018 in college premises for faculty and students. The compeering was done by Prof. Deepika Rani in which she explained the motto of the workshop. The key note speaker was Divyanandaprana Mataji (Principal Nivedita School RKSM, New Delhi) from Shri. Sarada Math, Pune. It was basically based upon concentration and clearance of Thoughts. Mataji more focused on the Positive Attitudes, which she emphasized are just like grids through which our thoughts cross. She was précising on EQ (Emotional Quotient), SQ (Spiritual Quotient), and IQ (Intelligent Quotient).

Her speech was to develop your own destiny and create the goals for accepting positivity in mind. The students of this stage are in so many dilemmas of their career and their way of life to live. The speaker had kept two-way discussion session to solve the mind set ups of the up brining students to make them aware of their own existence. Thus, in this way it was a delightful session where all the ladies have enjoyed their way of understanding and perception towards the attitude of life. The programme concluded with five minutes meditation and focusing on thoughts for concentration. Prof. Deepika Rani proposed vote of thanks.

Workshop on Removing the mind blocks to attain Success



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